Welcome To Thailand
Better Being Hospital

Better Being Hospital was first established in 2009, with the core concept of innovative, evidence-based Functional Medicine. The hospital’s board of medical practitioners, led by Torsak Tippairote, M.D., are pioneers in Functional Medicine practice in Thailand and Southeast Asia.

Better Being Hospital was founded to provide the most effective medical innovation for all people in medical need. Better Being Hospital provides individualized treatment and rehabilitation programs based on each patient’s specific condition. Stem cell therapy is combined with basic physiologic function recovery programs to ensure the best chance for long term physical recovery, symptoms suppression, and illness control.

Better Being Hospital is located in Bangkok, Thailand’s capital city and also its largest with over 14.5 million residents. Bangkok is an international city with various transportation networks, major park areas, popular tourism sites, and cuisines from all over the world, and is easily accessible by air from most major international airports.
Why Bangkok?
A Cultural And Economic Capital

Bangkok is not only the most populous city in Thailand, but also one of the most prosperous in all of Southeast Asia. Bangkok experienced tremendous growth in the 1980s and 1990s and is now an economic and transportation hub for the region. The city also boasts an incredible amount of international cuisine, arts, and entertainment.

It is an optimal treatment location for patients as for many, there is no need for a visa for a stay under 30 days. There is also a huge permanent international population, millions of international visitors a year, English language is prevalent, the city is filled with international embassies, international restaurants are abundant, there are direct flights from most countries, and Bangkok’s medical services and hospitals are world renown.

Bangkok has a tropical wet and dry climate. The average high temperature during the year is 33˚ Celsius (91˚ Fahrenheit) while the average low for the year is 24˚ Celsius (75˚ Fahrenheit). The monsoon season, characterized by periods of rainfall and high humidity, begin in mid-May and last through September.

10 Facts About Thailand and Bangkok
What You May Not Know

1. Thailand is ranked 20th in the world in population size, with a population of 66.7 million.
2. The country’s currency is the Baht. About 30 Baht is equal to 1 US dollar.
3. Thailand’s official language is Thai. Its alphabet has 32 vowels and 44 consonants.
4. One-tenth of all animal species on Earth live in Thailand.
5. Over 11 million international tourists visit Bangkok every year.
6. Bangkok was previously referred to as the ‘Venice of the East’ due to its large system of canals.
7. Bangkok is home to over 81,000 Japanese, 55,000 Chinese, 48,000 Europeans, 23,000 North, Central, and South Americans, and 5,000 Australians.
8. Travel + Leisure magazine has bestowed Bangkok with its coveted “World’s Best City Award” for three consecutive years from 2010 to 2012.
9. The Golden Buddha located in Bangkok’s Wat Traimit Temple is the largest gold Buddha in the world and weighs 5.5 tons.
10. Bangkok’s traditional name is ‘Krung Thep Mahanakhon Amon Rattanakosin Mahinthara Yuthaya Mahadilok Phop Noppharat Ratchathani Burirom Udomratchaniwet Mahasathan Amon Piman Awatan Sathit Sakkathattiya Witsanukam Prasit.’ It is the longest place name in the world.
Torsak Tip-pairote, M.D.

Position: Senior medical doctor, Functional Medicine Physician

Dr. Torsak Tip-Pairote received his medical degree from Chiang-Mai University in 1989, specializing in Orthopedic surgery. Twenty years of experience and clinical practice in different settings, from NGO hospitals in the Lao PDR, to local government and private hospitals, convinced Dr Torsak that the conventional practice of medicine is best at helping patients with acute conditions such as trauma, infections, cerebro-vascular accidents, etc. Modern medicine has amazing tools at its disposal through prescribing medicine, surgery or other interventions but is less effective in treating chronic illness. Chronic illness requires more understanding of the underlying imbalances in basic physiologic functions, which are all too commonly ignored by the regular practice of medicine.

His training with the Institute for Functional Medicine in the U.S. and subsequent application of the Functional Medicine Model within his clinical practice has helped him find solutions for chronic illness which were impossible when he practiced purely as a conventional physician. With the Functional approach to chronic illnesses, Dr. Torsak learned he can help patients to understand the causes of chronic illnesses, including environmental, lifestyle and genetic factors that result in functional imbalances; to be able to explain what is going on within the disease process; and to formulate an understandable remedial program for each individual. This has allowed him to aim for restoration of normal function within the body and relief of symptoms, not only just the suppression of symptoms and symptomatic relief.

Dr. Torsak is one of the founders of the Thailand Institute for Functional Medicine, holding the position of Director of Medical Education. He is the founder of Better Being Hospital, the first functional medicine and rehabilitation centre in Thailand, while providing consultation to a number of private hospitals in Bangkok, as well as being a lecturer at Mae Fah Laung University.

In the past three years, Dr. Torsak has focused on special needs children. He has joined the DAN (Defeat Autism Now) program and uses functional medicine and a biomedical approach to help customize the management program for these kids. This program helps to adjust lifestyle and environmental factors, which normally affect the children's individual genetic profiles. By promoting and balancing basic physiologic functions, improvement can be seen in behavioral, mental and developmental problems in special needed children.
Dr. Worawit Kitisakronnakorn M.D.
Position: Functional Medicine Practitioner, Traditional Chinese Medicine and Acupuncture

Dr. Worawit Kitisakronnakorn is an expert in Preventive Medicine, Traditional Chinese Medicine and acupuncture. He graduated from Thammasart University School of Medicine in 1999. After graduation, Dr. Worawit has furthered his studies both in Thailand and other countries such as the Board Certificate in Preventive Medicine by the Medical Council of Thailand; Certificate in Traditional Chinese Medicine and Acupuncture by The Shanghai University of Traditional Chinese Medicine; Certificate of Participation in Anti-aging Medicine and Biomedical Technologies by American Academy of Anti-aging Medicine. (A4M); and the Applying Functional Medicine in Clinical Practice Course by the Institute for Functional Medicine in the United States. Dr. Worawit has also completed a Mini Master of Management from the National Institute of Development Administration (NIDA).

Dr. Worawit has both extensive knowledge and experience in treating patients. In the last 10 years he has specialized in preventative medicine, and has worked as Assistant to the Director of Integrated Medicine, Holistic Health Centre in Piyavate Hospital. He currently holds posts as Assistant to Director of Academic Affairs in the Functional Medicine Association of Thailand (TIMF) and as a director of Better Being Hospital.

Dr. Kusuma Kunawongkrit
Position: Functional Medicine and Rehabilitation Practitioner, Acupuncture Specialist

Dr. Kusuma Kunawongkrit graduated from the Faculty of Medicine, Rama Hospital University in 2002 followed by further study at the Faculty of Medicine, Siriraj Hospital, Mahidol University. After graduation Dr. Kusuma specialized in rehabilitation medicine gaining diplomas in rehabilitation from Siriraj Hospital, Mahidol University. Dr. Kusuma has furthered her studies both in Thailand and abroad in Functional Medicine, aesthetic medicine, Chelation therapy, Traditional Chinese Medicine and acupuncture.

Currently Dr. Kusuma is Head of Department and Professor of Rehabilitation Medicine at Nawamintrathiraj University, and holds the title of Director and founder of the Association of Thailand Functional Medicine (TIMF). She is medical advisor for medical care integration for Better Being Hospital.

Dr. Kusuma is well experienced as a medical expert in Functional Medicine, Rehabilitation Medicine and Acupuncture. Dr. Kusuma has incorporated these various branches of medical science and ways of rehabilitation for the benefit of her chronic illness patients. including those with disorders of the nervous system, stroke patients with paralysis, muscle and bone, and in pain treatment.
Better Being Hospital
Surrounding Area

Better Being Hospital contains doctors’ offices, treatment and rehabilitation departments, hydrotherapy pool, and patient rooms. In addition to the patient rooms at Better Being Hospital, some patients (if deemed appropriate by the medical staff) may have the option of staying at 39 Boulevard, an apartment complex north of the hospital. Each apartment contains a bedroom, bathroom, living room, full kitchen, and washing machine. This apartment complex has multiple swimming pools, gym, and tennis and basketball courts available to residents. More information about this facility can be found on the following pages.

Shuttle service is provided every 30 minutes between 39 Boulevard, Better Being Hospital, and the closest Bangkok Subway station. Please note that use of the patient apartments at 39 Boulevard may be an additional cost and should be discussed with your Patient Representative during the booking process.

Just south of Better Being Hospital by 10 minute walk is a Bangkok Subway Phrom Phong station and also Emporium Mall, a large mall containing shops, restaurants, cafes, and grocery stores. The area surrounding the hospital contains numerous hotels, restaurants, parks, and international embassies.
Better Being Hospital
Main Facility

Patient Room

Patient Room Bathroom

Patient Room Dinning Table

Physical Therapy Department

Common Area

Hydrotherapy Pool and Outdoor Area
General Hospital Information
About Your Stay At Better Being

Air Travel
You should schedule your flights so your final destination is at Bangkok Suvarnabhumi Airport. A Better Being staff member will be arranged to pick you up upon arrival at the arrivals gate and bring you to the hospital.

Day 1
The doctor on duty will give the patient a general orientation and basic evaluation within 3-4 hours of arrival. The doctor on duty will show the patient around the hospital. This will include an orientation of the first floor (reception, consultation room, physiotherapy, occupational therapy, and nutritional workshop), and second/third floors (patient accommodations).

Day 2-3
Blood Test: Before 8:00 am, the nurse will come to take your blood sample for pre-procedure testing following the doctor’s order.

Full Physical Examination: Dr. Torsak (Senior Medical Doctor) and his team will visit all patients and give every new patient a detailed initial assessment. (Patients should bring any medical documents they have with them for this assessment.)

Consulting Physicians: In specific cases, the attending physician might decide to consult the specialists for their suggestions in order to help with treatment planning. Specialists may conduct their evaluations on day two to four after the arrival. The neurologist and rehabilitation doctors are the most frequent consulting physicians for patients undergoing stem cell treatment.

Physical Rehabilitation: This program will start the same day or the day after the initial check-up according to the patient’s condition or depending on the rehabilitation doctor's decision. Rehabilitation occurs at least once a day, Monday to Saturday (except on stem cells transplantation days). We recommend patients follow the schedule given to them upon arrival and plan to be at the facility and present for each rehabilitation session.

MRI, ECG, EMG etc. Tests: These examinations may be required on an as needed basis. All tests conducted upon arrival are included in the price of the treatment. Any additional tests not related to the stem cell treatment may require an additional fee.

Informed Consent: Before the first injection, the coordinators will provide you with the ‘Informed Consent Document.’ At this time the patient or legal caregiver should complete and sign this informed consent of treatment. Please inform your patient service representative if you wish to view this form before arrival.

Stem Cells Injection: Normally the first injection will be provided two to three days after the patient’s arrival once all examination and laboratory results are received and reviewed by the doctor. Patients will be provided a weekly injection schedule. Injection time is usually from 4:30 p.m. to 6:30 p.m. There is no exact set time.

Other Guidelines
Room Upgrade: Better Being Hospital’s main facility contains both Suite and Standard type accommodations. A standard room is included in the treatment package and can accommodate one adult patient and one adult caregiver. One child is also permitted per standard room. Exceeding the number of accompanying caregivers may require an upgrade to the Suite room type and this is not included in the price of the treatment package. Suites are an additional THB 1,500 (US$50.55) per night and an extra bed is about US$35 per night. Any caregivers not able to stay in the patient room will require use of a hotel room or booking of another standard room at a special rate. Expenses for room upgrading will be charged to the patient’s bill of extra expenses. Information about 39 Boulevard can be found on the following pages.

Hospital Kitchen: Opening hours are 8:00 a.m. to 6:00 p.m., 7 days a week. Better Being Hospital's nutritionist will prepare meals for each patient according to the doctor’s orders. These patient meals are included in the treatment package. Caregivers may order from the menu located in each patient room and pay the expense of the meal immediately or charge it to the patient’s bill of extra expenses. Please be advised to order your food one day in advance to avoid long waiting times.
**Laundry Services:** If you decide to use the laundry service, the laundry will be picked up and then returned to you within two days. Price is 20 baht per piece (about 67 cents US).

**Internet Wi-Fi:** The hospital provides free Wi-Fi Internet access. Internet access names are:
- BETTER_F1
- BETTER_F2
- Password: betterbeing

**Voltage:** The local voltage may be different from your home country’s. Voltage in Thailand is 220 V. While most modern electronics will work at this voltage, some older electronics will not. We suggest you check the voltage of your electronics before your trip and buy a converter from a local store if you have any items that will not work with this voltage. Please ask one of the hospital staff if you need assistance buying one.

**International Communication:** You might be able to use your own mobile phone to make international calls but in many cases this can be extremely expensive. It is advisable to use an online service such as Skype when calling internationally. For incoming international calls to a patient room, please dial the hospital phone number (+66 2662-84646) and inform the receptionist to transfer the call to the appropriate room number / patient.

**Local Communication:** Having a locally-working mobile phone can be very convenient, especially in case of emergency so you can call the Better Being staff and get your issues resolved right away. For those who are interested in using a mobile phone locally, there are three ways:
- First, you can bring or rent an unlocked GSM-capable mobile phone from your home country and either enable service from your home carrier for Thailand or purchase a local Thailand SIM card and add minutes in increments of 50 baht (US$1.68), adding more as needed.
- Second, you can ask the hospital staff if they have any mobile phones available to loan and then purchase a local SIM card for use.
- Lastly, for those who like to shop, you can buy your very own mobile phone. The cheapest phones are about US $50.

**Room Phone:** The patient room telephone is for internal hospital use only.
- 2304 - 3rd floor nurse
- 1105 - Nurse office
- 2102 - Therapist
- 1100 - Cashier
- 00 - Reception

**Money Exchange:** There is a Bangkok Bank in The Emporium Mall nearby the hospital where money can be exchanged. Conversion rates for all currencies may vary from bank to bank. Please note that a passport is required when using traveler’s cheques.

**Billing of expenses:** The Hospital will provide the billing of extra expenses (excluding packaged items) on a weekly basis. These expenses will be asked to be settled by cash or credit card payment immediately when the total amount reaches THB 30,000 (about US$1000) or one day before your departure.

**Extra Services and Extra Injections:**
- You can hire a caregiver for 24 hour periods. This cost approximately US$100 per 24-hour period. Please let the staff know if you need this arranged.
- Please inform your Beike representative ahead of time if a non-English-speaking translator is needed. Most often these translation services will require an additional fee. For example, the cost of a Portuguese or Spanish translator is about US$50 per 2 hours.
- Sometimes the doctors may suggest or a patient may request a form of treatment that is outside the scope of Beike Biotechnology’s and the hospital’s stem cell therapy course. In these situations, this additional treatment is an extra cost and not included in the initially transferred funds and an additional amount must be transferred. This is also true of any treatments a caregiver wishes to receive. This money can be paid at the time of treatment or it will be charged in the patient’s bill of extra expenses.
- Some patients may decide they wish to receive more stem cell injection than the amount included in the standard treatment. Please consult with Better Being’s doctors and with your Beike patient representative if this is the case. If the doctors agree with your request, the extra injection(s) will be scheduled. Payment for all extra treatments must be received before the treatments can be provided.
39 Boulevard
Patient Apartments

Bedroom

Bathroom

Living Room and Kitchen

Gym

Pool

Children’s Play Area
Staying at 39 Boulevard
General Information

39 Boulevard is an upscale apartment complex directly north of Better Being Hospital. Staying at this complex during the treatment period may be an option for some patients depending on a patient’s diagnosis and medical condition. You may inquire with your Beike Patient Representative during the registration process to learn more about this complex’s suitability and cost.

**Key Cards:** You will receive a key card upon arriving to 39 Boulevard. This card will allow you access to not only your room but also the elevators and other facilities within the building. Please keep this key card safe, as a replacement card will cost US$55. Please return the key card to the staff upon departure.

**Nursing Office and Treatment Room:** The nursing and staff offices and treatment room are all located on the same floor. While most treatments will be conducted in the treatment room, occasional procedures such as acupuncture, blood drawing, and intravenous treatment, will be conducted in the patient apartment. You can use the internal apartment telephone at any time to contact the nurses’ office. Just dial ‘8175’. There will be nurses on duty 24-hours-a-day.

**Safety Deposit Box:** Each apartment contains a safety deposit box. Please keep valuables safe.

**Meals and In-House Kitchen:** Every apartment contains a full-use kitchen. Even with this kitchen, we recommend patients themselves continue to utilize the healthy meals provided by the Better Being staff throughout the entire stay. Patient meals are served three times a day: breakfast at 8 am, lunch at 12 pm, and dinner at 6 pm.

Caregivers wishing to receive the same meal as the patient should inform the Better Being staff at least one day in advance. The meal charge for caregivers is as follows: breakfast is USD$8, lunch is USD$15, and dinner is USD$15.

**Laundry:** Each apartment contains a washing machine for use by the patients and caregivers. Please avoid hanging wet clothes on the apartment’s furniture.

**Wi-Fi Internet:** Wireless Internet can be access for free in the common areas of 39 Boulevard. The password to access the Internet is ‘1234512345’.

**Internal Telephone Numbers:** The in-room telephone is for internal use only. The nurses’ office can be reached by dialing ‘8175’.

**Public Facilities:** 39 Boulevard contains numerous facilities open to all utilizing the apartment complex. These facilities include:

- 7th Floor - Kid’s Club, Play Room, Tennis Court
- 30th Floor - Swimming Pool, Steam Sauna, Jacuzzi
- 31st Floor - Exercise Room, Gym, Pool Table
- 32nd Floor - Sky Garden

Exterior of 39 Boulevard
Bangkok has transformed into Thailand’s (and the greater region’s) economic, diplomatic, spiritual, and transportation center. There not only had modern attractions, but also very important historical and cultural locals. We have recommended on the following pages some of these attractions for which patients and caregivers may wish to visit during their time in Bangkok. Hospital coordinators can assist to arrange tours and transportation.

Always consult with the Better Being doctors before taking a patient outside the hospital. Their first concern is always patient health and safety and they will make appropriate recommendations. In some cases they may recommend a patient not take part in an outing if they feel the activity or travel may be detrimental to the patient’s health. Make sure to have a card on you at all times with the name, address, and phone number of the hospital. Also keep the phone numbers for the hospital coordinators.

In some cases it might be required for a caregiver to stay in a hotel outside the hospital. There are many in the hospital’s local area (see map on page 4), such as Holiday Inn and Novotel Lotus Hotel. Bangkok is also home to global hotel establishments. Please consult with your Beike Patient Representative when planning travel to Bangkok and they can help you to make an appropriate hotel reservation.
Bangkok Attractions

Grand Palace
Since 1782, the Grand Palace has been the historical home of Thailand’s monarchy. The Palace lies along the banks of the Chao Phraya River and is a huge complex consisting of ceremonial halls, pavilions, courtyards, and gardens. The Palace is currently used for state events and functions and is one of Bangkok’s (and Thailand’s) most popular tourist attractions.

Siam Paragon Mall
Siam Paragon is one of the largest shopping complexes in all of Asia. It contains upscale shops, an 8,000 square meter international grocery store, foreign restaurants, movie theater, Kempinski hotel, and even its own aquarium theme park. The mall can be easily accessed by taxi or subway.
Wat Arun

The Wat Arun is located on the Chao Phraya River across from the Grand Palace and is considered one of Thailand’s most beautiful and well-known temples. Many structures in the temple’s complex date back 400 years. The main spires, built in the 19th century, rise to a height of about 80 meters.

Chao Phraya River

The Chao Phraya River runs through the center of Bangkok and is a major transportation artery, with numerous cross-river ferries and water taxis. Tourists may take a trip on a large, comfortable tour boat with guides who will point out historical attractions along the river.
Vimanmek Mansion

This mansion is a former royal palace and was constructed in 1900. It was transformed into a museum in 1982 to commemorate King Rama V and to also showcase Thai national heritage. It has become a popular tourist attraction with guided tours in English. Please note there is a dress code required for entry (no shorts, ripped jeans, or T-shirts).

Dusit Zoo

The Dusit Zoo is the oldest in Thailand and was originally built as a private garden by King Rama V. It is a popular tourist attraction for both locals and international tourists. Dusit Zoo is known for its wide variety of exotic animals.
Lumphini Park

Lumphini Park was created by King Rama VI in the 1920s. In a crowded capital city, the Park offers its residents a large, quite, peaceful area for walk and relaxation. At 142-acres, it contains numerous paths, playgrounds, and a large lake on which visitors can rent small boats. During winter time, the park is home to live concerts and festivities.

Jim Thompson House

Jim Thompson was an American businessman who in 1959 completed construction on his new residence. This home combined six traditional Thai-style houses and became a place to display his large Southeast Asian art collection. It is now a museum and a very popular tourist attraction.
Tips for Visiting Bangkok
Keep These In Mind

We have listed below some things to be aware of upon your arrival to Bangkok.

Traffic
The city’s roads are very busy with cars, taxis, buses, bikes, and small three-wheel Tuk-tuks. As always, use caution when crossing the road. Often you will see a bicycle, scooter, or Tuk-tuk come out of nowhere. While you may see many people crossing the road in the middle of traffic, we recommend you stick to the sidewalks and crossways. Be aware and be careful!

Taxis
Besides the Bangkok subway system, metered taxis are generally considered the next best way to get around town. While there are numerous other transportation options such as Tuk-tuks, taxis are safer and easier to use. It’s usually very easy to find one and they are reasonably cheap. Always insist that the driver use the meter. If the driver refuses to use the meter, claims that your destination is closed, or doesn’t know where the destination is, simply get out of the taxi and find another one. We recommend you keep a piece of paper with you at all times with the name and address of the hospital, as well as the hospital’s contact phone number.

Bargaining
Many small markets will allow customers to bargain over the price of goods. Before you commit to buying a good, walk around and get a feel for the pricing at other stalls. Don’t feel too pressured by the salesmen and remember that you can always walk away.

Touching
In Thailand, a person’s head is considered the home to their soul and spirit and Thai people are very careful not to touch the head and hair of another person. Touching a non-family member’s head, even a child’s, can be considered ill-mannered and even insulting. It is best to apologize if you touch another person’s head by accident.

Tourist Scams
Be vigilant when in tourist-heavy areas and watch out for scams. For example, be wary of anyone offering to take you on an all-day tour for a very low price; these guides will simply take you to local gem shops so they can receive a commission from the shop owner for your visit. Make sure to plan your tip into the city with the coordinators at the hospital.

Food and Water
Avoid drinking water from the tap; always drink bottled water. It is also recommended for caregivers and especially patients to stay away from street food. While it may be very tasty, there is a potential for tourists to get sick eating it. Keep to eating at the hospital, hotels, and restaurants.

Mosquitos
Being located in a tropic climate, one of the first differences tourists may notice upon arrival is the prevalence of mosquitos. Make sure to use plenty of effective mosquito repellent when traveling outside around the city and wear long-sleeves if the weather isn’t too hot.
Departure and Post Therapy

What to Remember

Departure Checklist

1. **Complete the Online Forms.** Our coordinator will provide you with the links to the Patient Satisfaction Evaluation.

2. **Where Are Your Passports?** Make sure you have your passports. These contain your visas and are necessary for your departure.

3. **Take Your Valuables.** Make sure you have everything packed. Alert our coordinators if you wish to leave an item that other patients can use in the future.

4. **Confirm Your Flights.** Confirm your flights a few days before departure. On the day of departure, call to make sure the flight is not delayed.

5. **Don’t Take Hospital Property.** Make sure all hospital property, including phones, towels, DVD players, pitchers and glasses, etc., remains in the room or therapy ward.

6. **Request Paperwork.** Request that the staff give you any needed paperwork such as a discharge report, PT reports, receipts, and/or any other documents.

7. **Alert Staff of Your Departure Time.** Make sure the staff knows when you are leaving so they can arrange transportation to the airport.

8. **Say Goodbye!** Please keep in touch. E-mail us and keep us updated on you or your family members’ progress.

Post Therapy - Stay Healthy!

By now, the stem cells in your body should have started to take effect. In the past few weeks you have made a huge monetary, time, and emotional investment. You need to protect this investment. Thus, staying healthy through proper nutrition and exercise is very important. Also, the stem cells are immature and vulnerable at this stage. You need to be healthy and fever-free for the next couple of months. If you have a fever, make sure to use fever-reducing medications such as Tylenol or acetaminophen. It is important to eat right and stay fit and healthy. Your stem cells need good nutrition and oxygen to thrive. Avoid junk food and sugar. Exercising, including physical therapy helps increase your body’s blood circulation. In the six months after therapy, it is recommended that you refrain from smoking cigarettes or drinking alcohol. In addition, please take all necessary steps to stay away from people who are sick or might be sick. Try your best not to expose yourself to any illnesses. It’s better to be safe than sorry!

Medical Followup Program - Tracking Progress

Upon discharge you will be given a letter and a schedule detailing the medical follow up program. Your participation in this program is very important to Beike as it will enable us to better understand the short and long term benefits of stem cell treatment and improve upon our current treatment protocols. You can let our follow up team know at any time if you wish to opt-out of this program and not receive any more emails or phone calls from them.